## Great Barton Newsletter

Winter 2019



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#### **Newsletter Publication Dates**

Issue	Deadline	Delivery
Spring	1st February	Mid February
Summer	1st May	Mid May
Autumn	1st August	Mid August
Winter	1st November	Mid November

Deadline for contributions to the Spring newsletter: **Midnight Saturday 1st February**. Thank you

#### **Advertising Rates**

To advertise your business in this Newsletter please contact: Linda Harley via email: harley.parish@btinternet.com

Advertising Rates	Quarter Page	Half Page	Full Page
Colour	£75	£150	£300
Black & White	£50	£100	£200

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Tel: 01284 787386 Email: tracey.butt@gmail.com

#### **Village Event Diary**

To avoid village functions clashing on a particular date a five year diary is held at the Post Office. If you are planning an event please check the diary to ensure that it does not clash with something else and also add your event to help others making their plans.

#### **Editorial**

Hi Everyone,

Not much room for me this issue as there is so much else to fit in. Take a good look so you don't miss anything. I hope you all have a fabulous Christmas and a wonderful 2020 - Wow, who can believe it's going to be 2020!!

If you'd like to tell us about anything else that is going on in the village and/or your club or society please get in touch. My email address is on page 2.

Sarah Bullen

## Borough Councillors covering Great Barton and The Fornhams: Councillor Sarah Broughton:

Manor House, Church Road, Great Barton, IP31 2QR

Tel: 01284 787327 Email: SarahBroughton@westsuffolk.gov.uk

Councillor Rebecca Hopfensperger: Details below

County Councillor: Mrs R Hopfensperger

17 Risbygate Street, Bury St Edmunds, IP33 3AA

Tel: 07876 683516 Email: rebecca.hopfensperger@suffolk.gov.uk

Member of Parliament: Rt Hon Jo Churchill MP

10 Hatter Street, Bury St Edmunds, IP33 1LZ

Tel: 01284 752311

Parish Councillors greatbarton.suffolk.cloud

Chairman: Maggie Dunn 01284 787357

#### Councillors:

 Peter Fisk
 01359 231382
 Stephen Haynes 07769 703363

 Kate Trevitt
 01284 787331
 Diana Boys
 01284 787748

 Matthew Parker
 01284 788307
 Philip Reeve
 01284 787583

There are some changes to the information included in the autumn edition: The list of Councillors should include Philip Reeve and Gt Barton now has 2 Borough Councillor's representing them, Sarah Broughton and Rebecca Hopfensperger. Apologies for any inconvenience caused.

#### **Great Barton Parish Council**

www.greatbarton.onesuffolk.net

**PARISH COUNCIL MEETINGS** are held at the Community Room in the Village Hall, commencing at 7.15pm.

**Public Sessions** are available for Parishioners to raise matters in which they are interested.

Notice of all Parish Council Meetings and any other important Parish Council information is posted regularly on the Parish Council notice boards: outside the Post Office in The Street, by the Thurston Road mailbox, at the Mill Road/Livermere Road crossroads, outside the Primary School on School Road and on the website.

**Copies of the minutes** of meetings of Great Barton Parish Council are available at a cost of 10p per page. Should you wish to avail yourself of this facility or, if you have any queries, please contact the Clerk to the Council.

If you would like to receive updates on the activities of the Parish Council and what is happening in the wider village, please email the Clerk to the Council.

Clerk to the Council: Mrs Linda Harley,

6 Garden Close, Great Barton, IP31 2SY **Email:** harley.parish@btinternet.com

#### **Parish Council Meeting Dates**

11th Nov & 9th Dec 2019, 20 Jan & 17 Feb 2020 (Finance Committee: Tuesday 26th Nov 2019)

The full agenda for each meeting will be posted on the village notice board 3 days in advance.

Dates can also be found on the village website: greatbarton.suffolk.cloud/parish-council/meeting-dates/

# BE A COUNCILLOR

#### GT BARTON PARISH COUNCIL HAS 2 VACANCIES

#### What matters to you in your local area?

Is it the state of the local park, the need for more activities for young people, improving services for older people, making the roads safer or ensuring that local businesses can thrive?

Whatever needs changing in your neighbourhood, you could be just the person to change it by becoming a local councillor. No other role gives you a chance to make such a huge difference to quality of life for people in your local area.

#### Could I be a councillor?

The easy answer is, "almost definitely". As long as you are:

- British or a citizen of the Commonwealth or European Union
- At least 18 years old
- Registered to vote in the area or have lived, worked or owned property there for at least 12 months before an election

#### Being a councillor

Councillors are elected to the local council to represent their local community, so they must either live or work in the area. Becoming a councillor is both a rewarding and privileged form of public service. You will be in a position to make a difference to the quality of other people's daily lives and prospects.

Being an effective councillor requires both commitment and hard work. Councillors have to balance the needs and interests of residents, the political party they represent (if any) and the council. These will all make legitimate demands on a councillor's time, on top of the demands and needs of their personal and professional lives. Before you consider becoming a councillor you may want to discuss it with your family and friends to make sure they understand what you are taking on.

If you are interested in making a difference in Great Barton please contact: Linda Harley: 01284 787777 or Maggie Dunn: 01284 787357

email: harley.parish@btinternet.com

#### **Parish Council Report**

This is my first proper report as Chair of the Parish Council, I apologise for the lack in the last two magazines but it has been a testing year for me personally. Having taken on the Chair of the Parish Council somewhat reluctantly, I was admitted to hospital with a sudden illness and then had to recuperate.

I want to give a big thank you to Philip REEVE for his sterling work as the Previous Chair over many years and also thank him for helping me whilst I was hospitalised. Philip is continuing as a Parish Councillor and his experience is invaluable. We apologise for the omission in the last Newsletter and any embarrassment that caused. I also want to thank all the Parish Councillors for their support during my illness with visits and keeping the Council ticking whilst I was away. Special thanks to Linda HARLEY for her help both whilst I was ill and also during the past few months whilst I am learning.

We have had to say Goodbye to Nicola CROUCH who had to stand down as a Parish Councillor at the May elections due to her work and family commitments. Thank you Nicky and also for your continued support on the Neighbourhood Plan. Nick Ellis has also had to step down due to family illness and him not being able to fully participate as he would like. I would like to thank him for his work with us.

The Parish Council continue to work for the residents of Great Barton. Some of the projects we have on going at the moment are:-

Ice Pits Wood ... the committee continue to make the woods a place for all residents to use and to that end we have widened the paths through some of the wood. We are working with Great Barton Scout Group to further their use of the woodland and also with the Great Barton School so that they can also use the woods for lessons. In future issues we hope to bring more news of what has happened and what will happen in the woods. The main thing is that we want to keep the woods as natural as possible whilst making them accessible to all and we do hope in the future to have some disability access. With the School and Scouts we are hoping to look into the history of the wood and why it has its name. We also hope to get information about the flora and fauna in the woods so that people can know what is in there.

We have also commissioned a further dog/litter Bin near the allotments entrance to Ice Pits Wood; please use it or take your dog waste and litter home with you.

**Primary School and Litter Signs** ... the sharp eyed amongst you will have noticed some additional signs that have gone up in School Road and also on the car park site of the Village Hall Playing Field. These are designed by the ECO Group at the School and placed by the Parish Council. They held a competition with a prize put up by the Parish Council.

Please take note of the signs, take your letter home or bin it.

**Puffin Crossing** ... this is on going as I write this and was unfortunately delayed due to cabling under the footpath belonging to Powergen and BT both being not far enough down for the work needed to facilitate the crossing works. Hopefully it will be completed before Christmas and fully in use and will mean easy access around the village. The Parish Council will continue to monitor the works to make sure that the progress continues with the least disruption.

**West Suffolk Operational Hub** ... Some points for your information to update you on the state of play:

- The first impact of the hub will be, as you are now aware, the blue and black bins. This has been arranged for efficiency gains, this is by tags on the bin and then a follow up letter. I personally have had both and was a little confused as the day hasn't changed and felt this could be confusing for some people.
- The new regime started on the week commencing 11th November 2019. Those involved in the WSOH had preview on 26th October to see the progress.
- The road layout in Fornham Road past the hub will be changed to make it noticeably less severe. In the meantime please take care.
- It is hoped that the recycling centre will be available toward the end of November/beginning of December.
- The Re-use Shop will be available before Christmas but as you now know only some of the revenue will remain locally.

#### **Neighbourhood Plan** ... Again I will try and give you an overview:

- The NP policies were reviewed by the Parish Council in July 2019.
- A third grant has been secured from Groundwork UK to enable the continued involvement of a professional consultant.
- The plan and policies are being drawn up into the Pre Consultation Document. This will be presented to the Parish Council in December for scrutiny, changes and endorsement. This will become the Neighbourhood Plan for Great Barton and will be available for presubmission consultation at a date to be arranged in the New Year.
- All residents will have a chance to have their say on its content and especially the Policies.
- We will have to assess the comments made and may need to amend The Plan in light of these.
- -The Plan will then be submitted to West Suffolk Council for independent examination.

The next part I am going to entitle

#### **MAGGIE'S MOANS**

These are just things that have come up and if we all play our part will get solved.

Idling in School Road ... this is sitting in your car with the engine running, especially outside the school. I know the colder weather is coming but leaving the engine running whilst you wait adds to air pollution. The heads that are nearest the exhaust pipe emissions are the children and we need to think - toasty parents or poorly children. Exhaust emissions are known to add to chest and airway conditions especially in children and the elderly so think of them before warm toes.

Hedge Trimming ... If your garden is bordered by a hedge or shrubbery, especially where it is by a road or footpath, please make sure that it is cut back so that it doesn't obstruct pedestrians or visibility - IT IS YOUR RESPONSIBILITY especially where there are brambles. It is not good to get a bramble in the face however old you are. Now is a good time to do this as there are no nesting birds. Please make sure that you can be seen, wear a High Vis Jacket if you are beside a road...

... Added to this if you have grass beside a pathway/pavement, when you give it the last cut check the grass is not encroaching; some of our paths are a good 6 inches plus narrower due to this.

This is all for this edition.

It just leaves me to wish all the parishioners of Great Barton Seasons Greetings and a Healthy and Prosperous New Year. Your Parish Council

#### GRASS CUTTING and some HEDGE Maintenance

#### **CONTRACT in GREAT BARTON**

Invitation to Tender 2020 to 2023

Great Barton Parish Council are inviting companies to tender for grass cutting at the Village Playing Field (off Elms Close) and the churchyard at Holy Innocents Church which includes hedge cutting. These contracts are under review to establish a new 4 year contract from 2020 to 2023.

Please note: gang mowing is a requirement for the Village Playing field.

If you would like a copy of the specification and details of how to apply please contact the Clerk at harley.parish@btinternet.com



## West Suffolk Dog Training Society Kennel Club Registered - Established 1960



Pet Handling All Ages

Competitive Obedience to Advance Level



Kennel Club Good Citizen Dog Scheme

Pre-Course Puppy Socialisation

#### **Great Barton Village Hall**

Every Tuesday 7.00pm - 10.00pm For further details please ring: 01359 230837 (Evenings only)



## Support your "Tommy" To all members of the parish.

Last year was 100 years since the end of World War I and in May next year we will commemorate 75 years since the end of World War II in Europe.

Holy Innocents PCC agreed that we should in some way mark this occasion, as a parish, to commemorate these events.

By chance we discovered a church that had had a "Tommy" made, and we felt it was something we, in Great Barton could do in memory of those who gave their lives for our freedom. It is intended that the life-sized "Tommy" would stand outside Holy Innocents church on commemorative occasions. Next Year commemorating the end of WWII, and again on Armistice Day. The following year it will be 100 years in April since the erection of the war memorial in our churchyard, now commemorating the 'fallen' of two world wars. Again, the "Tommy" would be displayed to recognise this milestone.

It is, therefore, our intention to launch an appeal to ask members of the parish who wish to be identified with this project to support the purchase and placement of the "Tommy" Silhouette with Poppy before the May commemoration in 2020. The cost will be £850. It will be zinc primed and powder coated black. It will be locked to an underground concreted steel block to support our soldier. When not in use it will be stored within the church.

Contributions can be made via Bank payment transfer to **Great Barton Church** sort code 20-16-12 account 50421944. Cheques should be made payable to **Great Barton Church** addressed to Tim Frost, 2 Diomed Drive, Great Barton, IP31 2TF. Cash payments are also welcome. Please ensure that "Tommy" is indicated on all payments. Should there be any surplus funds these will be used for any future fabric work at Holy Innocents. If you are a 'tax-payer' and are willing to Gift Aid your contribution. We can provide Gift Aid forms for you to sign, which will enable us to claim the tax back.

Thank you for your support!

## Changes to blue and black bin collection days and times

**Blue and black bin** collection days and times in West Suffolk will change on Monday 11th November. Residents should have received a letter containing full details together with a calendar to help manage the transition.

Full details will also be available on the council website www.westsuffolk.gov.uk/newbincollectiondays

**Garden Waste Collection Service** subscribers will not see a change in their brown bin collection this year and we thank all residents for their help in making sure bins are out by 6.30am.

Demand for waste services has grown since rounds were last reviewed in 2010 and these changes will help create capacity, save waste miles and make the service more efficient.



## Great Barton Parish Church



🚵 "The Christmas story in Carols" 🖧

#### **Christmas Tree Festival**

Saturday 14<sup>th</sup> & Sunday 15<sup>th</sup> December 12 Noon- 6 pm



Mulled Wine & Mince Pies Admission by Donation



#### Great Barton on Facebook

There are two active Great Barton groups on Facebook which are open to anyone with an interest in the village:

#### **Great Barton Community**

Enter 'Great Barton' in the search box on your homepage or go to:
www.facebook.com/qtbartoninfo?fref=ts

**Great Barton Neighbourhood Watch** www.facebook.com/groups/391717411180942/



#### **Welcome to Great Barton**

New to the village?



If you or a neighbour have recently moved into the village you might like a free

#### 'Village Welcome Pack'

Please contact Richard and Mary Leveritt: 01284 787556

#### Village Hall Management Committee

Would be delighted to hear from anyone who would be prepared to offer help with maintenance tasks, help with organisation of Car Boot Sales, etc

If you can help please contact Diana Bilverstone: diana 74@hotmail.co.uk

#### **Great Barton C of E Primary Academy**

Do you have time to visit the school to observe lessons and to attend meetings out-of-hours? If so, have you ever considered being a school governor? This an enjoyable way of making the school a better place and understanding why it runs the way it does. It also creates a really good blend if we have governors with links to the wider community or who can bring specific professional skills or experience. It may also give you useful skills to add to your CV. Some employers even allow time off for community activity such as this.

Several governors are coming to the end of their terms of office at Christmas, leaving up to four vacancies open to members of the community, known as appointed governors.

If you are interested, or know anyone you think might be (maybe a retired teacher interested in staying engaged in education) please submit an expression of interest as soon as possible, with a short statement of why you want to be a governor; or for further information please contact me or Mrs Ratley (via the school office or claire.ratley@greatbarton.suffolk.sch.uk). We will happily talk through how governance works with you and provide a tour of the school if needed.

All candidates will be invited to meet a panel of governors in advance of any recommendation for appointment to consider the skills, attributes and commitment required to be an effective governor.

Depending on how many applications are received, we hope to have elected/appointed new governors by the end of term (subject to references and DBS checks for safeguarding purposes).

Best regards,

Bruce Martin
Chair of Governors

Great Barton C of E Primary Academy Governors continued ...

## Being a Governor: Frequently asked questions



#### Do I have to be an expert on anything?

No – bring your life experience to challenge the way we do things and most importantly, your enthusiasm to make the school a better place for the children.

#### How are governors appointed?

Appointed governors are selected by the Headteacher and Chair of Governors based on their skills and experience.

#### How much time do I need?

All governors are appointed for a four-year term. The average time commitment is five to ten hours per month, although it will vary depending on the time of year. This includes 2-3 meetings per term, background reading and 1-2 school visits per term. Full training is provided.

#### What do governors do?

The governing body's role is to challenge and support the teaching staff, to help our children get the best education we can provide. Governors bring a range of skills from their personal and professional lives plus enthusiasm and commitment to work together to improve the school.

#### What training is provided?

A wide range of classroom and online training is available, some inhouse and some with governors from other schools.

Where can I get more information?

http://www.nga.org.uk/Be-a-Governor.aspx for national guidance or

https://www.suffolk.gov.uk/children-families-and-learning/schools/govern-suffolk/ for videos of governors talking about their role.

#### VILLAGE HALL UPDATE

It is hard to imagine that virtually all of 2019 is nearly over – well, except for one of the most important events that we all enjoy: the Christmas Festivities. And I'm sure it will come in a flash.

We have a selection of Christmas decorations and those of the Village Hall Management Committee who are available will be dressing our Village Hall as early as possible in December and they always give it a festive air. Most Clubs and Societies make it possible to give extra pleasure by hosting a special December Meeting for their Members.

One of our most popular events is our Christmas Coffee Morning which we are holding on Saturday 7<sup>th</sup> December 10.00am to 12.30pm when we will offer coffee and mince pies – although, for many of our patrons, cheese scones are just as popular. We will have a number of tables laden with exciting cards and gifts, all beautifully made by those who enjoy spending a lot of their time making items towards Christmas. If anyone wishes to book a table in the Hall, please contact Maggie Redshaw 01284 788397 – and as soon as possible! And do not forget – we will be having the usual well-stocked Raffle!

We are all grateful to those of you who regularly offer your goods for sale at the Car Boot Sales and, indeed all of you who come to purchase. As you are aware we usually have three Sales per year and usually all three benefit the Village Hall. Unfortunately this year we suffered badly from the awful weather in July and the sad thing is that we have to prepare as we always do – sometimes ghastly weather does not encourage our patrons.

The Trustees of the Village Hall are very grateful to those of you who book and use the Hall regularly. You are all valuable to us and we do try to maintain the standard of the Hall so that it gives you pleasure. It is probably difficult to assess that in particular a group of our Trustees spend a great deal of their time making sure that the Hall runs beautifully – does something need repair, have the light bulbs died, has a door been left unlocked? I am sure that you will agree that this group deserves the thanks of all of us.

We wish you all a Very Happy Christmas and a Healthy New Year and we look forward to seeing you at the beginning of 2020.

## ATRIAL FIBRILLATION

is an abnormality with the heart's rhythm caused by a problem with the heart's <u>electrical</u> system.

If the blood starts to 'pool' in the lower chambers, a clot can be formed which may travel to the brain and cause a stroke.

Thanks to medical improvements, you can be simply tested by placing two fingers on the screen of a smartphone/tablet – in other words an AliveCor Single Lead Mobile ECG

If it proves that your heart has an electrical problem, it is wise to see your GP as soon as possible and suitable medication can be provided.

On Tuesday 26<sup>th</sup> November we will be holding a test session between 1.00 pm and 5.30 pm at the Village Hall

You do not need to book – just come to the COMMUNITY ROOM in the VILLAGE HALL at a time that suits you.

This is a valuable test for your health, so please come to the Village Hall.



#### Holy Innocents' Choir

Holy Innocents are always keen to recruit new members to join our long serving current choir members.

The choir performs a very varied repertoire of music ranging from classic choral Anthems to modern worship songs. We lead the music in both traditional services such as evensong and Matins and also more modern praise services.

We welcome both experienced singers looking for a new musical challenge and aspiring singers wanting to learn and improve.

Contact Choir Leader Ali Wakelin for more information:

O1359 233417 Mobile: 07717125743 aliwakelin@aliwakelin.co.uk

#### **Church Institute**

The Church Institute is a lovely venue available for private and regular club bookings. It is also available for parties, celebrations, wedding receptions, funeral wakes and other general use.

For prices and enquiries please contact:

Linda Scoles 01359 230392 or Rev'd Manette Crossman 01284 787554

#### **Montana Service Times**

Montana on East Barton Road has a Roman Catholic Mass at the following times:

Sunday 10.30am Weekdays (Mon - Fri) 8.15am

#### **Holy Innocents Parish Church**

Find us on FACEBOOK or online at www.greatbartonandthurston.org.uk

Vicar: Rev'd Manette Crossman 01284 787554



Verger: Linda Scoles 01359 230392 Church Wardens: Tim Frost 01284 787442

Angela Pearce 01359 230395

Treasurer: Katherine Drakes 01284 787746
Choir Leader: Ali Wakelin 07717125743

01359 233417

Services:

**8.00am** Holy Communion (Book of Common Prayer)

2nd, 3rd and 4th Sundays

**10.30am** Parish Communion

Sung Common Worship 1st, 2nd and 4th Sundays

**9.00am** Cafe Church at the Church Institute

3rd Sunday

**6.30pm** Evensong (1st Sundays)

At 3.30pm in November, December & January

Wednesday

**10.00am** Holy Communion

1st Wednesday - All welcome, also Mothers' Union Corporate Service 3rd Wednesday - All welcome, service in the Chapel at Montana

Any variations will be advertised in the weekly Pew Sheets, copies of which are displayed in the Church Porch.

Further details of Church activities and events are given on our website, on Facebook and in our monthly magazine, The Messenger.

Subscription enquiries to Allan Howell: 01284 787728



## FREEDOMCHURCH

Mill Road, Great Barton, IP31 2RU

Senior Leaders: Trevor & Susie Harrington

Tel: 01284 788032 Email: office@gbfc.org.uk

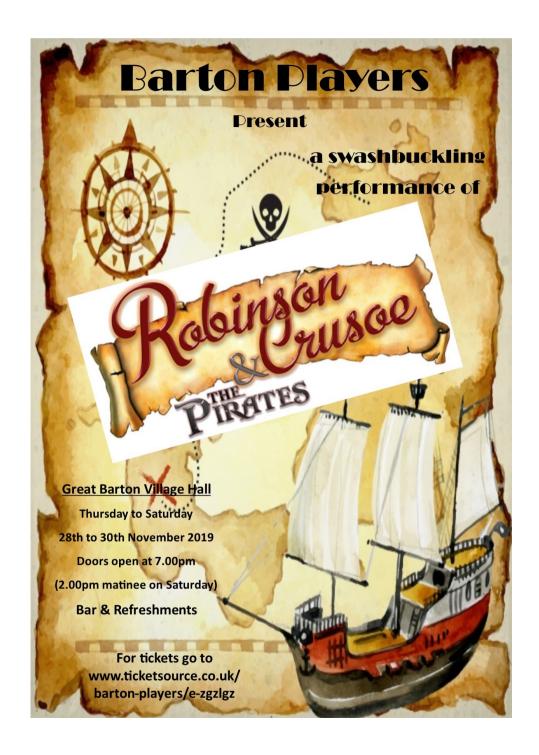
Website: freedomchurchgb.org

#### We meet every Sunday morning at 10am

Our services are informal and friendly with a contemporary style of worship and teaching that is centred on the presence of God and applicable to 21st Century life.

We'd love to meet you and welcome you at one of our church services or events in the future. Just come along with your friends and family and see what Freedom Church is all about!





#### **Great Barton Badminton Club**

Can you hit a shuttlecock?

Join us at the Village Hall for a game of badminton, with a cuppa and a chat.



We are a small friendly Badminton Club meeting every Tuesday (in term time) from 2-4pm.

Interested?

Telephone Ann on: 01284 788161

#### **HOME CARE**

Qualified nursing/caring duties in clients own home, both temporary and permanent.

Daytime and Overnight care available Escort and transport to doctor/ hospital appointments

Disclosure and Barring (DBS) checked

Please contact:
Mrs Paula Drewry
07980 017043
Mrs Marsha Whatling
07925 950984

Please contact us we are here to help

## J K Mayes Plumbing & Heating

For all of your plumbing and heating requirements

Telephone Justin on: 07825325584 01284 787682

Brakey Cottage, Green Lane, Great Barton, IP31 2QS

j.mayes23@btinternet.com

Fully insured







#### The Friday Coffee Morning

Come and try the Friday Coffee Morning which meets in the Church Institute every Friday morning from 10.00am to 11.15am.



We would welcome a donation to cover the cost of the coffee or tea + biscuits (as little as 35p per cup would be welcome) and any excess, when essential expenses have been removed, goes to the Church Institute Refurbishment Fund.

We have a hardcore of regulars but we welcome new faces: as long as you enjoy a good chat about almost anything, we will be delighted to see you. And there is no obligation to come every Friday – but you will probably find that you want to!

If you are new to the Village, do come and give us a try. Or, if you have lived in the Village for years and haven't got round to joining us, you would still be very welcome.

There will be NO Coffee Mornings on December 27<sup>th</sup> or January 3<sup>rd</sup> See you on Friday 10<sup>th</sup> January 2020!

#### **Great Barton Luncheon Club**

We are a luncheon club who meet at Great Barton Village Hall on the second Friday of each month (except in August).



Members are welcomed with either a glass of sherry or fruit juice and served a two course meal, followed by tea or coffee, at a cost of £5.00 per person (plus a very small yearly membership fee).

We are a very friendly and welcoming group. If you are 55 years or over and live in Great Barton and would like to join us, we would be delighted to hear from you.

#### Please contact:

Christine Johnson 01284 787687

Brenda Turner 01284 787654

#### **Great Barton Women's Institute**

We meet in the Village Hall on the first Thursday of every month at 7.30pm and visitors are always welcome.



Our programme for the next 4 months is as follows:

Thursday 14th November: 'How to Cook Spring Rolls'

Talk & Demonstration with Fan Ping

Teas: Mesd. Wakerley, Wallace, Weallans and Winsor

Thursday 5<sup>th</sup> December Christmas Celebrations

for Members Only (Sorry!)

2020

Thursday **9**<sup>th</sup> January: 'Wine, Nibbles & Natter'

By the Members, For the Members

Thursday 6<sup>th</sup> February: 'It Gives Me Great Pleasure....'

An Evening of Entertainment

Teas: Mesd.Baker, Bodnar, Brabrook and Burlingham

## PLEASE NOTE THE ALTERED DATES: 14th NOVEMBER and 9th JANUARY

We are always delighted to welcome new Members to enjoy our varied programme. As well as the topics listed above, we organize many outings to museums, stately homes and the theatre. And, as an enticement, you can come as a Visitor for three Meetings before being asked to commit (£3 per evening), so please do join us — and bring a friend! You will both be welcomed.

Further information on any aspect of the W.I. can be obtained from: Janice Campbell (President) 01284 787 664 or Kate Trevitt (Secretary) 01284 787 331

#### What do you know about Second Chance Stroke Group?

A few questions for you:

Did you know that Stroke is the fourth biggest killer in the UK?

Did you know Stroke is one of the biggest causes of disability?

Are you aware that Stroke effects people of all ages?

Did you also know there is a fantastic Stroke Association Stroke Support Group right here on your doorstep in Great Barton?

Almost two thirds of stroke survivors leave hospital with a disability and many leave feeling confused, frightened and very alone. This is why Support Groups play a vital role in rehabilitation and peer support.

Second Chance Stroke Support group meet weekly in term time in Great Barton Village Hall and provides a lifeline for Stroke Survivors and their carers. It is a safe environment where everyone understands exactly how others are feeling. It provides emotional, physical and social support and rehabilitation. Contrary to what you might think, it's a lively, fun, active place to be with a huge variety of activities on offer.

The wonderful thing about this group is that it is run by a team of Stroke Association registered volunteers who have a variety of roles to suit the amount of time they can give to the group and to suit their personalities and skills. Some volunteers are Stroke Survivors themselves and volunteering allows them to build on their recovery.

Second Chance are fortunate to be led by dedicated leaders who have done an amazing job seeing the group go from strength to strength. The leaders are now looking for new volunteers to help them generally support the group, in particular, someone who has experience of finance and would be willing to shadow the treasurer and step in when necessary.

If you have a few hours a week to spare, we would love to hear from you. You do not need to have prior knowledge or experience of Stroke as you will learn along the way, and all Stroke Association volunteers undergo training. Being organised, having a sense of fun and being IT literate are all useful for this role.

If this opportunity has got you thinking, please do get in touch with the Stroke Association: <a href="mailto:kerry.foot@stroke.org.uk">kerry.foot@stroke.org.uk</a> or 01284 848610. We'd love to hear from you and to chat about the role and the application process. We may also be able to arrange a visit to the group for prospective volunteers if you wish to meet the group prior to applying.

# Great Barton Village Litter Pick & Spring Clean 2020



#### Saturday 4th April

Great Barton Village Hall Car Park

10.00am - 1.00pm

Meet in the car park at 10.00am to collect equipment
Please bring your own gloves
Children welcome with adult supervision
Full guidance will be provided for volunteers
Any Questions? Call Linda Harley 01284 787777



Hot Dogs served from 12.30pm

#### **Great Barton Computer Club**

Great Barton Computer Club is a friendly and sociable club that is for all abilities from beginners to the more experienced.

It is held in Great Barton Village Hall which is on the main road, the A143, opposite the garage (IP31 2NR).

#### We meet on Mondays at 2.00pm.

**The Main Club Meeting** is on the last Monday of the month, except when there is a Bank Holiday.

The Drop In which is on the first Monday of the month, except Bank Holidays, is as the name suggests, an opportunity to just drop in and gain some help from a team of helpers on a one to one basis for a project or something you are finding difficult to understand.

**Open Workshops** are held on the second and third Monday when various topics are explored.

#### Apple Mac Group:

This group meets once a month on a Thursday evening.

To learn more please visit: gbcc.onesuffolk.net.

You can also Google us or contact our secretary: Jill Burlingham on: secretary.gbcc@outlook.com

JANE BREAM: 01284 702336



#### Great Barton Film Night



#### **Forthcoming Programme**

Saturday 18th January Yesterday 2019 Cert 12A

Saturday 15th February The Post 2017 Cert 12A

Saturday 21st March
Downton Abbey 2019 Cert PG

Public Admission £3.50 Children (Under 16) £2.00 Doors Open 6.45pm Film Show Starts 7.30pm

GBFN.OneSuffolk.net
Bar, Tea, Coffee and Ice-Creams available.
These shows are open to anyone and everyone - just turn up and pay on the door or to reserve tickets call:

Maggie Redshaw 01284 788397

#### Report for the Great Barton News from Gordon Biden.

The time has come for me not to be the Group Scout Leader for the Local Scouts, as it was pointed out to me that at the age of 90 years old and 72 years Leader service the time had come to give up and live an easier life and have more time with my wife and family.

Yes, I will miss the regular meetings with the Scouts, Cubs and Beavers and discussion with the dedicated Leaders but there are others who will be able to take my place, at the moment the contact is John Pitcher of 11 Maple Green, Great Barton. 01842 787787 and I am sure he will be able to help you for whatever reason you need help.

I have been honoured to be made an Honorary Vice President of the Group for my services for over ten years, and the expansion of the Group from two section to six with a membership of over one hundred children. I am also going to continue with the plans and the building of a new Scout Building which I have from time to time told you all about. We are still awaiting the finished plans so we can get ahead with the necessary permission we need, and to seriously raise the money to top up what we have in hand at the moment.

I am grateful to all the readers of the Village News for reading what the Scouts do from week to week and I hope that will continue from another pen. Thank you for your kind support to me. Please give your support to the Scout Group as we move forward to complete the Building and for your financial support when the time comes.

Good Bye.

Gordon K Biden

Great Barton Scout Group. Honorary Vice President

On behalf of Great Barton, one massive thank you for your contributions to Scouting in Great Barton, Bury St Edmunds District and Suffolk (as well as your previous contributions in Kingston District). 70 years as a Leader in Scouting is a record few will be able to achieve! In Great Barton, we are so lucky to have had your help and guidance for so long and we are grateful you are continuing to organise the new Scout building.

John Pitcher Deputy District Commissioner (Acting Group Scout Leader)

## GREAT BARTON HISTORY SOCIETY PROGRAMME FOR 2020

#### January 7th

Christy Campbell – Christy is a member of our GBHS and we are delighted that he has agreed to speak to us about Duleep Singh of Elveden Estate, Christy has written a book on this subject, The Maharajah's Box. He is a prize-winning author, journalist and former defence correspondent for the Sunday Times.

#### March 3rd

Joy Bounds – Joy was scheduled to speak to us last year, unfortunately she was ill and unable to come. She will be speaking about Joan of Arc. Joy stresses that she is not a historian but her talk is very thorough. Most of her knowledge comes from the research she did for her novel "Far from Home"

#### May 5th

**Ron Murrell** – will give us a talk on "The Green Man." A classic folklore figure who has been worshipped, feared and reviled. What does he represent and should he be a figure of fun, fear or pity.

#### Refreshments are provided after every meeting.

All the meetings take place on the 1st Tuesday of the month.

#### Annual Subscription - £10.00. Guests £3.00 per visit.

(Pat, our Treasurer, would really appreciate it if subs could be paid by cheque rather than cash please.)

#### For more information please contact:

Jane Bream (Secretary) 01284 702336.

Email: j.bream711@btinternet.com

#### **Bury St Edmunds Mobile Library Service**

#### Route 1: Every 4 weeks on Tuesdays

Oakhampton House 10.00 -10.20

School Lane 10.25 - 10.50



#### Route 12: Every 4 weeks on Thursdays

Brand Road 10.35 -10.45

## Great Barton Bowls Club East Barton Road

The outdoor season runs from April to September New members of all ages are welcome

We have practice sessions Tuesday mornings with coffee and Wednesday evenings.

We play in competitive leagues on Monday afternoon and Monday, Tuesday and Thursday evenings.

In the winter we play in indoor leagues and have social events on Friday evenings.

COME AND GIVE IT A TRY

## Licensed Bar Coaching available

For more information contact: Henny van Holland 01284 787242







Saturday 7th December 2019

10 am - 12.30 pm

Entrance Fee - £1.50 (Includes Coffee & Mince Pie!)

Christmas Raffle





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#### **Websites**

If your club or society has a website that you would like added to this list, please send details to the editor, Sarah Bullen:

editorgbpcnewsletter@gmail.com

Parish Council greatbarton.suffolk.cloud

Village Hall greatbartonvh.onesuffolk.net

Pathways Pre-School greatbartonpathways.co.uk

Primary School greatbartonprimaryschool.co.uk

Community Woodland gbcw.onesuffolk.net

Computer Club gbcc.onesuffolk.net

Film Night gbfn.onesuffolk.net

Holy Innocents' Church greatbartonandthurston.org.uk

Freedom Church freedomchurchgb.org

Ballroom Dancing ballroomexperience.co.uk

Allotment Association www.gballotments.org

Great Barton Scouts gtbartonscouts.co.uk

Great Barton Bowls Club greatbartonbowlsclub.btck.co.uk

Second Chance Stroke Club secondchancestrokeclub.co.uk

Great Barton Clubs and Societies				
Club/Society Details	<u>Telephone</u>			
Badminton Club Mrs Ann Tee, 22 Downing Drive, Gt Barton, IP31 2RP	01284 788161			
Barton Players Mr Ken Sawyer, 4 Diomed Drive, Hall Park, Gt Barton, IP31 2TF barton.players@yahoo.co.uk	01284 787485			
Hand Bell Ringers Mrs J Hill, 38 Maltings Garth, Thurston, IP31 3PP	01359 230770			
Bowls Club (Outdoor) Mr Henny Van Holland, 32 Conyers Way, Gt Barton, IP31 2SW	01284 787242			
Children's Society Miss J Briggs, Woodstock, Livermere Rd, Gt Barton, IP31 2RZ	01284 787642			
Church Institute Bookings Linda Scoles	01359 230392			
Flower Club Wendy Jones Email: wendyevedio@gmail.com	01284 787701			
Freedom Church Sarah Bullen (Administrator), Mill Road, Gt Barton, IP31 2RU office@gbfc.org.uk	01284 788032			
Great Barton Allotment Association Lesley Linden Email: gballotments@gmail.com				
Great Barton Community Woodland Mr Mick Brabrook, 16 Downing Drive, Gt Barton, IP31 2RP	01284 788147			
Great Barton Computer Club  Jill Burlingham Email: jill.burlingham@btinternet.com	01284 724530			
Great Barton Thanksgiving Fund Charity Shield (Football) Mr Ron Jarrold, 29 Bullen Close, Bury St Edmunds, IP33 3JP	01284 752361			
Great Barton Luncheon Club Mrs Chris Johnson	01284 787687			
Great Barton Thanksgiving Fund (Village Hall Management Committee) Mr P Fisk, Blenheim, Thurston Road, Gt Barton, IP31 2PW	01359 231382			

<b>Great Barton Clubs and Societies</b>					
Club/Society Details	<u>Telephone</u>				
Great Barton CE Primary Academy Mrs Claire Ratley, School Road, Gt Barton, IP31 2RJ		01284 787353			
<b>History Society</b> Jane Bream	Email: j.bream711@btinternet.com	01284 702336			
Holy Innocents' Church Reverend Manette Crossman The Vicarage, Church Road, Gt Barton, IP31 2QR Email: revmcrossman@gmail.com		01284 787554			
Holy Innocents' Choir Leader Ali Wakelin	Email: aliwakelin@aliwakelin.co.uk	07717125743 01359 233417			
Horticultural Society Mrs B Owen, Redsyke, T	ne Park, Gt Barton, IP31 2SX	01284 787200			
Mothers' Union Mrs Pat Sheppard		01284 705540			
Netball Club (Phoenix F Mrs Emma Gibson	lames) Email: gibsoneerj@btinternet.com	01284 788384			
Pathways (Pre-School) Mrs Julie Goodwin, School	ol Road, Gt Barton, IP31 2RJ	01284 788258			
Scout Group Mr David Cooper (Chairman)		01284 767532			
Scout Group (Cubs, Beavers & Scouts) John Pitcher, 11 Maple Green, Great Barton, IP31 2SN Email: gsl@gtbartonscouts.co.uk		01284 787787 07714455007			
Second Chance Stroke Club Penny Baker		01206 262653			
Village Hall Bookings Diana Bilverstone	Email: diana.74@hotmail.co.uk	01284 750632			
Women's Institute Mrs K Trevitt, 24 Diomed Drive, Gt Barton, IP31 2TD		01284 787331			
West Suffolk Dog Training Society Mr M Chenery, Commister Lane, Ixworth, IP31 2HE		01359 230837			

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info@pestsolution.co.uk

#### **Great Barton Emergency** Response Plan

#### **Emergency Operations** Team

Mick Brabrook 01284 788147

Steve Cannon 01284 787760

Bill Charnaud 01284 788170

Nicola Crouch 01284 788611

Eddie Gibson 01284 788384

John Hubble 07931 578591

Gemma Reid 01284 788439

John Roe 01284 787749

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